



**PLEASE SUPPORT US TODAY**  
ST. JOSEPH'S INTERNATIONAL OUTREACH PROGRAM



*“I want to thank the St. Joseph’s IOP for transforming me, not just into a better doctor, but a better human. I will take what I have learned here in Canada and make my health system in Uganda better for all my people.”*

This was a thank you note I received from Dr. Isaac Ssinabulya, an internal medicine resident from Makerere University after he completed a four month rotation in Hamilton last year. As a volunteer with our Uganda program, I am confident that you appreciate how substantially our work impacts those we support and how Isaac’s words capture perfectly what we are all trying to achieve.

I have always said that the strength of the International Outreach Program is its volunteers who give generously of their time and spirit and for that commitment, I want to thank you. Today, I am asking if you will consider also making a financial investment in the IOP so that we can sustain our efforts. Your gift will be used directly to enhance our mission and mandate to provide capacity building projects in healthcare training and education.

As a volunteer-run NGO, we essentially operate on a year-to-year basis and our aim is to develop more long-term financial sustainability. Doing so will allow us to continue to offer academic and clinical exchanges with smart young learners like Isaac; learners who are keen to make a difference.

You know that our guiding principles are based on the notions of equality, dignity and universal access to healthcare for all people. Your gift to the IOP will not just be an investment in us, but in all the people we train, educate and inspire.

You can donate to the IOP directly through Canada Helps by clicking on this link [www.canadahelps.org](http://www.canadahelps.org) and if you would consider a monthly gift, I would be grateful for your ongoing support.

*Thank you for considering this request and I wish you and your loved ones all the very best.*

**Peter Sweeney**  
President, International Outreach Program  
St. Joseph’s Health System